

The items on this list represent products we currently carry in our bulk department.

Our bulk team would be happy to research any items you do not see here.

E-mail questions to [grocery@springfieldfood.coop](mailto:grocery@springfieldfood.coop)

**All prices are subject to change**

PLU	Description	Quantity	Regular Price	Member Price
6022	Almonds, Conventional	50#	\$364.50	\$328.05
9569	Almonds, Dark Chocolate Covered	15#	\$161.85	\$145.66
6475	Almonds, Milk Chocolate Covered	5#	\$29.95	\$26.96
6196	Almonds, Organic	25#	\$362.25	\$326.02
6195	Almonds, Roasted Tamari	10#	\$82.90	\$74.61
6987	Almonds, Sliced	25#	\$212.25	\$186.78
9147	Almonds, Slivered Blanched	25#	\$222.25	\$195.58
6046	Barley, Pearled	25#	\$44.75	\$40.27
6002	Beans, Black Turtle	25#	\$37.25	\$33.52
6004	Beans, Dark Red Kidney	25#	\$62.25	\$54.78
6003	Beans, Garbanzo	25#	\$57.25	\$50.38
6011	Beans, Pinto	25#	\$57.25	\$50.38
6049	Bulgur, Coarse	25#	\$47.25	\$41.58
6026	Cashews, Roasted Salted	25#	\$319.75	\$287.77
6525	Cashews, Whole Raw	25#	\$294.75	\$285.78
6442	Cereal 7 Grain	25#	\$32.25	\$29.03
6449	Cheddar Sesame Sticks	2/7.5#	\$49.35	\$44.41
6078	Chocolate Chips, Semisweet	50#	\$214.50	\$193.05
6013	Cornmeal, Coarse	50#	\$64.50	\$56.76
6051	Couscous, French	11#	\$21.89	\$19.70
6381	Cranberries, apple juice infused	25#	\$144.75	\$130.27
6482	Cranberries, Sweetened	25#	\$94.75	\$85.27
6027	Flax Seed, Brown	25#	\$57.25	\$51.25
6203	Flax Seed, Golden	25#	\$62.25	\$56.03
6117	Flour, Buckwheat	25#	\$69.75	\$61.38
6014	Flour, King Arthur Unbleached	50#	\$39.50	\$34.76
6016	Flour, Spelt with germ	25#	\$62.23	\$56.03
6020	Flour, Unbleached with germ	50#	\$74.50	\$65.56
6015	Flour, Whole Dark Rye	50#	\$59.50	\$52.36
6019	Flour, Whole Wheat Bread	50#	\$69.50	\$61.16
6018	Flour, Whole Wheat Pastry	50#	\$64.50	\$56.76
6122	Garlic Sesame Sticks	2/7.5#	\$49.35	\$44.41
6466	Ginger Chews	11#	\$82.39	\$74.15
6510	Granola, Back Roads	28#	\$251.77	\$221.51
8988	Granola, Back Roads gluten free	28#	\$251.72	\$221.51
6171	Granola, Coconola	10#	\$107.90	\$97.11
6142	Granola, French Vanilla Almond	25#	\$99.75	\$89.75
2032	Granola, Grandy Oats	10#	\$74.90	\$67.41
2010	Granola, Grandy Oats Classic	10#	\$69.90	\$62.91
6082	Granola, Save the Forest	25#	\$117.25	\$103.18
6174	Honey Roasted Sesame Sticks	15#	\$49.35	\$44.42
6665	Lentils, Brown	25#	\$54.75	49.28
6005	Lentils, French	25#	\$59.75	\$53.78

