



Springfield
FOOD CO-OP

Community owned since 1992

MEMBER SPECIALS

Through November 12th

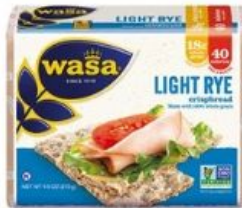


Simply Organic
Dip Mixes
\$1.29

regular price: \$1.49

Wasa Light
Rye
Crispbread
\$2.99

regular price: \$3.49



Simply Organic
Vanilla Extract

4oz

\$15.99

regular price: \$20.99



Napa Valley
Toasted Sesame
Oil

\$5.99

regular price: \$7.79

Oregon's Wild
Harvest Milk
Thistle
90 Capsules

\$21.99

regular price: \$26.99



Oregon's Wild
Harvest Stress
Guard

90 Capsules

\$18.99

regular price: \$26.99



Evo Hemp
Hemp Protein
Powder

\$10.99

regular price: \$12.99

November Member Specials

Grocery

Brand	Product	Regular Price	Sale Price
Napa Valley	Toasted Sesame Oil	\$7.79	\$5.99
Napa Valley	Sesame Oil	\$7.79	\$5.99
Simply Organic	Vanilla Extract	\$20.99	\$15.99
Simply Organic	Wild Mushroom Sauce	\$1.59	\$1.29
Simply Organic	Roasted Turkey Gravy Mix	\$1.59	\$1.29
Simply Organic	Ranch Dip Mix	\$1.49	\$1.29
Simply Organic	French Onion Dip Mix	\$1.49	\$1.29
Simply Organic	Guacamole Dip Mix	\$1.49	\$1.29
Simply Organic	Vanilla Flavoring	\$20.99	\$15.99
Wasa	Original Crispbread	\$3.99	\$3.49
Wasa	Light Rye Crispbread	\$3.49	\$2.99

Supplements

Brand	Product	Regular Price	Sale Price
Evo Hemp	Hemp Protein Powder	\$12.99	\$10.99
Oregon's Wild Harvest	Milk Thistle, 90 Cap	\$26.99	\$21.99
Oregon's Wild Harvest	Garlic, 90 Cap	\$11.99	\$9.99
Oregon's Wild Harvest	Rhodiola, 60 Cap	\$21.99	\$16.99
Oregon's Wild Harvest	Astragalus, 90 Cap	\$15.99	\$11.99
Oregon's Wild Harvest	Sleep Better, 90 Cap	\$17.99	\$12.99
Oregon's Wild Harvest	Stress Guard, 90 Cap	\$26.99	\$18.99