



**Springfield**  
**FOOD CO-OP**

Community owned since 1992

# MEMBER SPECIALS

Through July 17th

## RXBAR

All Varieties

### \$1.99

regular price: \$2.69



## Chameleon Cold Brew Coffee

All Varieties

### \$2.99

regular price: \$3.99



## Braggs Apple Cider Vinegar Drinks

All Varieties

### \$2.49

regular price: \$2.99



## Cholula Hot Sauce

Original

### \$2.49

regular price: \$3.49

## Badger

Outdoor SPF 34 Anti-Bug  
Sunscreen

### \$11.99

regular price: \$13.99



## Urban Moonshine

Simmer Down Tonic, 2oz

### \$13.99

regular price: \$17.99

## So Young Lunch Boxes

All Varieties

### \$24.99

regular price: \$29.99



# July Member Specials

## Grocery

Brand	Product	Regular Price	Sale Price
Angie's	Boom Chicka Pop Popcorn	\$3.99	\$2.99
Beanito's	Black Bean & Sea Salt Chips	\$3.79	\$2.79
Beanito's	Pinto Bean & Cheddar Chips	\$3.79	\$2.79
Beanito's	White Bean & Sea Salt Chips	\$3.79	\$2.79
Braggs	Apple Cider Vinegar Drink	\$2.99	\$2.49
Braggs	Ginger Vinegar Drink	\$2.99	\$2.49
Braggs	Grape & Acai Vinegar Drink	\$2.99	\$2.49
Braggs	Honey Vinegar Drink	\$2.99	\$2.49
Braggs	Pomegranate Goji Vinegar Drink	\$2.99	\$2.49
Cholula	Original Hot Sauce	\$3.49	\$2.49
Divine	Dark 70% Cocoa Chocolate	\$3.79	\$2.99
Divine	Milk	\$3.79	\$2.99

	<b>Chocolate</b>		
<b>Divine</b>	<b>Toffee with Sea Salt Chocolate</b>	<b>\$3.79</b>	<b>\$2.99</b>
<b>Divine</b>	<b>Dark Chocolate Raspberry</b>	<b>\$3.79</b>	<b>\$2.99</b>
<b>Divine</b>	<b>White Chocolate Strawberry</b>	<b>\$3.79</b>	<b>\$2.99</b>
<b>Kettle Chips</b>	<b>Organic Sea Salt Potato Chips</b>	<b>\$3.49</b>	<b>\$2.99</b>
<b>Reeds</b>	<b>55 Calorie Ginger Brew</b>	<b>\$7.29</b>	<b>\$6.29</b>
<b>Melt</b>	<b>Probiotic Spread</b>	<b>\$5.49</b>	<b>\$4.39</b>
<b>Mountain Valley Spring Water</b>	<b>Lime</b>	<b>\$2.49</b>	<b>\$1.99</b>
<b>Mountain Valley Spring Water</b>	<b>Blackberry Pomegranate</b>	<b>\$2.49</b>	<b>\$1.99</b>
<b>Mountain Valley Spring Water</b>	<b>Sparkling Water</b>	<b>\$2.49</b>	<b>\$1.99</b>
<b>RX Bar</b>	<b>Chocolate Chip</b>	<b>\$2.69</b>	<b>\$1.99</b>
<b>RX Bar</b>	<b>Blueberry</b>	<b>\$2.69</b>	<b>\$1.99</b>
<b>RX Bar</b>	<b>Chocolate Sea Salt</b>	<b>\$2.69</b>	<b>\$1.99</b>

<b>RX Bar</b>	<b>Coconut Cacao</b>	<b>\$2.69</b>	<b>\$1.99</b>
<b>RX Bar</b>	<b>Maple Sea Salt</b>	<b>\$2.69</b>	<b>\$1.99</b>
<b>RX Bar</b>	<b>Peanut Butter</b>	<b>\$2.69</b>	<b>\$1.99</b>
<b>RX Bar</b>	<b>Chocolate Peanut Butter</b>	<b>\$2.69</b>	<b>\$1.99</b>
<b>Snyder</b>	<b>GF Honey Mustard Pretzel Sticks</b>	<b>\$3.89</b>	<b>\$2.89</b>
<b>Terra</b>	<b>Exotic Original Chips</b>	<b>\$3.79</b>	<b>\$2.79</b>
<b>Tony's Chocolonely</b>	<b>Milk Chocolate Bar</b>	<b>\$1.79</b>	<b>\$1.39</b>
<b>Tony's Chocolonely</b>	<b>Dark Chocolate Bar</b>	<b>\$1.79</b>	<b>\$1.39</b>
<b>Tony's Chocolonely</b>	<b>Dark Chocolate Almond Bar</b>	<b>\$1.79</b>	<b>\$1.39</b>
<b>Tony's Chocolonely</b>	<b>Milk Chocolate Caramel Sea Salt</b>	<b>\$1.79</b>	<b>\$1.39</b>
<b>Virgils</b>	<b>Cream Soda</b>	<b>\$7.29</b>	<b>\$5.99</b>
<b>Virgils</b>	<b>Black Cherry Soda</b>	<b>\$7.29</b>	<b>\$5.99</b>
<b>Virgils</b>	<b>Orange Soda</b>	<b>\$7.29</b>	<b>\$5.99</b>
<b>Virgils</b>	<b>Root Beer Zero</b>	<b>\$7.29</b>	<b>\$5.99</b>
<b>4th &amp; Heart</b>	<b>Ghee Spray Oil</b>	<b>\$8.99</b>	<b>\$7.99</b>

## Bulk

Brand	Product	Regular Price	Sale Price
Bulk	Organic Brown Jasmine Rice	\$2.29/lb	\$1.79/lb

## Refrigerated

Brand	Product	Regular Price	Sale Price
Almond Breeze	Original Unsweetened Almond Milk	\$4.79	\$3.79
Chameleon Cold Brew	Vanilla Coffee	\$3.99	\$2.99
Chameleon Cold Brew	Mocha Coffee	\$3.99	\$2.99
Lily's Hummus	Original Hummus	\$3.99	\$2.99
Mt.Vikos	Feta Cheese	\$5.49	\$4.29

## Frozen

Brand	Product	Regular Price	Sale Price
Alden's	Chocolate Chocolate Chip Ice Cream	\$9.49	\$7.49

<b>Alden's</b>	<b>Vanilla Bean Ice Cream</b>	<b>\$9.49</b>	<b>\$7.49</b>
<b>Alden's</b>	<b>Coffee Chip Ice Cream</b>	<b>\$9.49</b>	<b>\$7.49</b>
<b>Alden's</b>	<b>Chocolate Vanilla Swirl</b>	<b>\$9.49</b>	<b>\$7.49</b>

<b>Body Care</b>			
<b>Brand</b>	<b>Product</b>	<b>Regular Price</b>	<b>Sale Price</b>
<b>Badger</b>	<b>Anti-Bug Spray</b>	<b>\$10.99</b>	<b>\$7.99</b>
<b>Badger</b>	<b>Anti-Bug Sunscreen</b>	<b>\$13.99</b>	<b>\$11.99</b>
<b>7th Generation</b>	<b>Unscented Hand Soap</b>	<b>\$4.59</b>	<b>\$2.99</b>
<b>So Young</b>	<b>Blue Dinosaur Lunchbox</b>	<b>\$29.99</b>	<b>\$24.99</b>
<b>So Young</b>	<b>Black Shark Lunchbox</b>	<b>\$29.99</b>	<b>\$24.99</b>
<b>So Young</b>	<b>Orange Fox Lunchbox</b>	<b>\$29.99</b>	<b>\$24.99</b>
<b>So Young</b>	<b>Orange Fox, Small Cooler Bag</b>	<b>\$27.99</b>	<b>\$23.99</b>
<b>So Young</b>	<b>Orange Fox, Large Cooler Bag</b>	<b>\$34.99</b>	<b>\$28.99</b>
<b>So Young</b>	<b>Blue Bicycle</b>		

	<b>Small Cooler Bag</b>	<b>\$27.99</b>	<b>\$23.99</b>
<b>So Young</b>	<b>Grey Moose Large Cooler Bag</b>	<b>\$34.99</b>	<b>\$28.99</b>
<b>So Young</b>	<b>Red Poppy Large Cooler Bag</b>	<b>\$34.99</b>	<b>\$28.99</b>
<b>So Young</b>	<b>Pixopop Pishi Lunchbox</b>	<b>\$29.99</b>	<b>\$26.99</b>
<b>So Young</b>	<b>Pixopop Pishi Large Cooler Bag</b>	<b>\$34.99</b>	<b>\$31.99</b>
<b>So Young</b>	<b>Sweatproof Orange Fox Ice Pack</b>	<b>\$10.99</b>	<b>\$8.99</b>
<b>So Young</b>	<b>Lucky Unicorn Lunchbox</b>	<b>\$29.99</b>	<b>\$24.99</b>
<b>So Young</b>	<b>Pink Birds Lunchbox</b>	<b>\$29.99</b>	<b>\$24.99</b>

<b>Supplements</b>			
<b>Brand</b>	<b>Product</b>	<b>Regular Price</b>	<b>Sale Price</b>
<b>Urban Moonshine</b>	<b>Energy Tonic, 2 fl oz</b>	<b>\$18.99</b>	<b>\$13.99</b>
<b>Urban Moonshine</b>	<b>Hit the Hay, 2 fl oz</b>	<b>\$17.99</b>	<b>\$13.99</b>
<b>Urban Moonshine</b>	<b>Joy Tonic, 2 fl oz</b>	<b>\$17.99</b>	<b>\$13.99</b>

<b>Urban Moonshine</b>	<b>Simmer Down Tonic, 2 fl oz</b>	<b>\$17.99</b>	<b>\$13.99</b>
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